



# AFTERNOON & HIGH TEA

## AFTERNOON AND HIGH TEA MENU

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Sweet treats for an afternoon pick me up.

All prices are per person and exclude VAT | (SF Superfoods)

<b>CREAM TEA</b>	£5.00
Freshly brewed tea and coffee Scones with jam and cream	
<b>AFTERNOON TEA</b>	£7.50
Freshly brewed tea and coffee Classical opera cake Mini Irish cream éclair Strawberry red velvet sponge Scones with jam and cream	
<b>HIGH TEA</b>	£10.00
Includes the full afternoon tea menu plus a selection of finger sandwiches with the following fillings: Cucumber and cream cheese Honey roasted ham Egg mayonnaise and pea shoots Smoked salmon and dill	
<b>HEALTHY AFTERNOON TEA</b>	£15.00
Green tea, lemon and ginger infusion, organic caffeine free cinnamon coffee (SF) Dark chocolate brownie (SF) Angel food cupcakes (SF) Banana, quinoa and coconut rice pudding (SF) Blueberry and goji berry wholemeal scone with no added sugar, strawberry jam, whipped cream	
<b>ADD SANDWICHES</b>	£5.00
Houmous and tabbouleh filled pitta bread (SF) Turkey, apple and brie on walnut bread (SF) Curried egg and Greek yoghurt mayonnaise with broccoli sprouts on brown bread Sweet potato latke with fat free cream cheese and smoked salmon	
<b>GLUTEN FREE SELECTION</b>	£5.00
The following sweet treats are all gluten free and are available as an alternative item from the afternoon tea menus. Lemon polenta cake   Sticky toffee pavlova   Strawberry cheesecake Rum and raisin panna cotta   Chocolate nemesis	