

DAY DELEGATE



We may be surrounded by fresh mountain air, but luckily for BOA delegates, we're a stone's throw from the M4, Cardiff and Bristol airports and are well connected to mainline train stations.

CAR to ICC Wales	TIME	DISTANCE Miles
Cardiff	23 mins	14
Bristol	40 mins	31
Birmingham	1hr 50mins	105
London	2hr 30mins	138
Manchester	3hr	170

TRAIN*	TIME
Birmingham	1hr 52 mins
Bournemouth	3hr 17 mins
Brighton	3hr 57 mins
Bristol	33 mins
Cardiff	13 mins
Carmarthen	2hr 8 mins
Exeter	2hr 12 mins
Gatwick	3hr 1 mins
Heathrow	2hr 29 mins
Leeds	4hr 5 mins
Liverpool	4hr 3 mins
London (Paddington)	1hr 47 mins
Manchester	3hr 26 mins
Newcastle	5hr 41 mins
Nottingham	3hr 12 mins
Oxford	2hr 2 mins
Southampton	2hr 17 mins
Stoke-On-Trent	3hr
Swansea	1hr 11 mins
York	4hr 27 mins

PLANE	TIME	AIRLINE
Aberdeen International to Bristol	1hr 20 mins	BMI
Belfast International to Bristol	1hr 5 mins	Easyjet
Dublin to Bristol	1hr 10 mins	Ryanair
	1hr 10 mins	Aer Lingus
Dublin to Cardiff	1 hr	Flybe & Aer Lingus
Edinburgh to Cardiff	1 hr 5 mins	Flybe
Edinburgh to Bristol	1 hr 10 mins	Easyjet
Glasgow to Bristol	1 hr 10 mins	Easyjet
Newcastle International to Cardiff	1hr 15 mins	Eastern Airways

Driving distances from train station to ICC Wales

STATION	TIME
Newport	12 mins

Driving distances from airports to ICC Wales

AIRPORT	TIME
Cardiff	40 mins
Bristol	40 mins
Birmingham	1hr 30mins
Heathrow	1hr 45mins
Manchester	3hr 15mins



* All rail services arrive into Newport station and are an indication of travel at peak times. Earlier services are available for some routes.